

WHAT I CAN CONTROL

ACTIVITY: CHECK MARK THE PICTURES YOU CAN CONTROL.



THE WEATHER



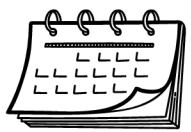
MY ACTIONS



MY WORDS



OTHER PEOPLE'S BEHAVIOR



CHANGES IN PLANS



MY BREATHING



MY EFFORT



OTHER PEOPLE'S FEELINGS



WAITING TIMES



MY CHOICES

DRAW OR WRITE ONE THING YOU CAN
CONTROL TODAY.



 **PARENT TIP:**
MODEL NOTICING
WHAT YOU CAN
CONTROL TOO.

Thank you so much for downloading!



♥ Thank You!

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