

# February Affirmations



I am loved just the way I am.

I am kind to myself.

I am a kind and caring friend.



I am surrounded by love.

I am helpful and thoughtful.

I am worthy of love.

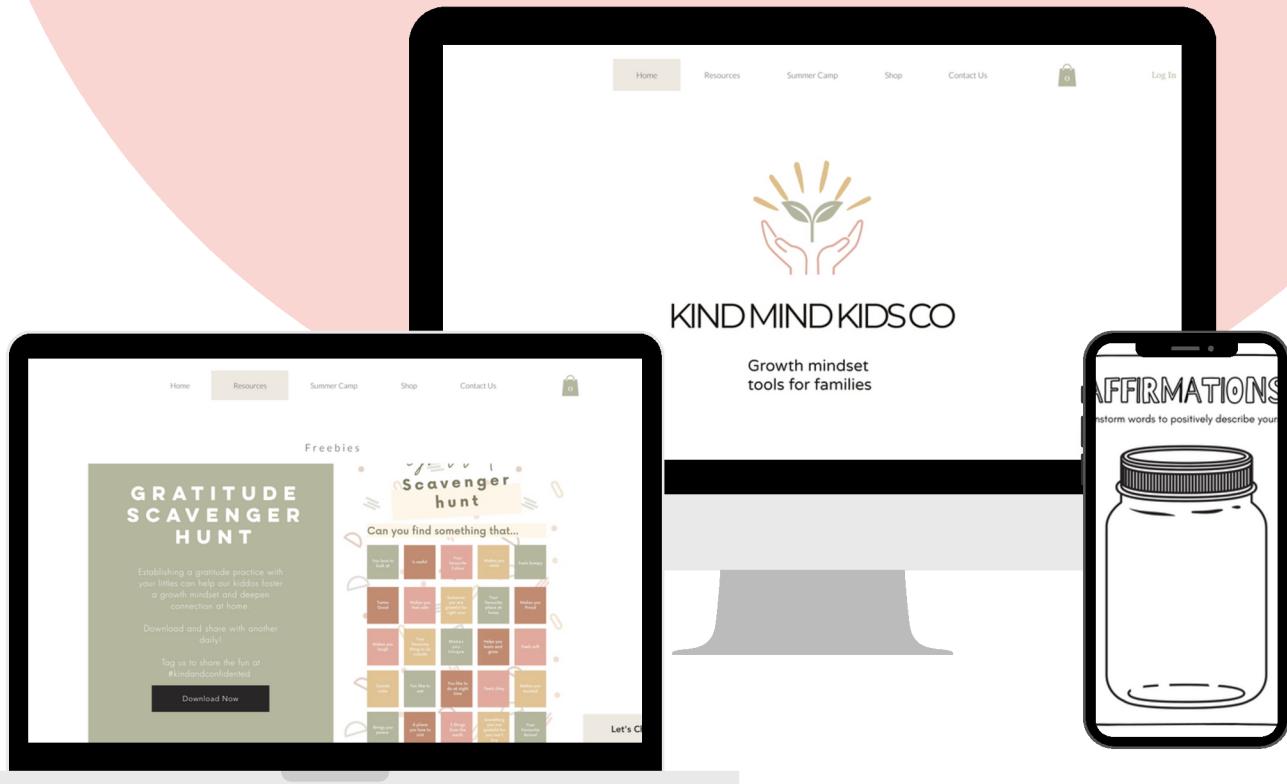


I am special and unique.

I am loved today and every day.

I am brave enough to ask for help.

# ***Thank you so much for downloading!***



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