

February Affirmations



I am loved just the way I am.



I am kind to myself.



I am a kind and caring friend.



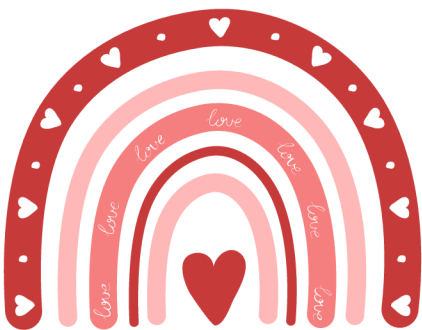
I am surrounded by love.



I am helpful and thoughtful.



I am worthy of love.



I am special and unique.

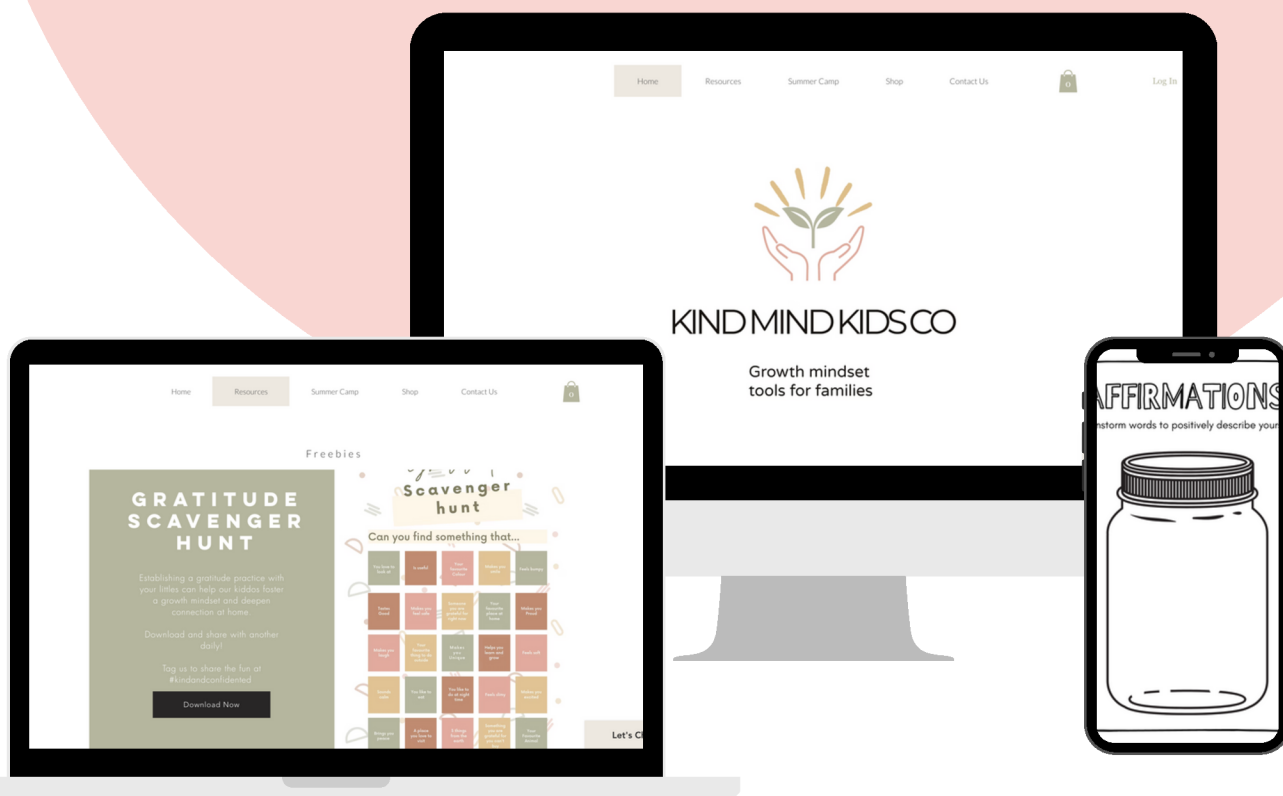


I am loved today and every day.



I am brave enough to ask for help.

Thank you so much for downloading!



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