



Kindness

CHRISTMAS CHALLENGE

Designed to help your child experience the true magic of the holiday season giving, connecting, and showing kindness everyday.

Make a Christmas Card 🎨	Give a Compliment 🧡	Hold the Door for someone 🚪	Tidy Without Being Asked 🧹	Donate a Toy 📺
Kindness Bookmark 📖	Say "Thank You" ✨	Draw for a Neighbor 🏠	Share a Big Smile 😊	Leave a Sweet Note 📧
Pick Up Litter 🌍	Call a Loved One 📞	Bake cookies for someone else 🍪	Make a Decoration ⭐	Help Someone Today 🤝
Be the light in the room 🌟	Hug Someone (Ask First!) 🤗	Prepare a Snack 🍎	Appreciate a Grown-Up ☀️	Secret Kind Act 🕵️📺
Read a Story about kindness 📖	Make a Handmade Gift 🎀	Donate Coins 💰	Kind Words to Yourself ✨	Help with a Meal 🍴

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HOW TO USE



The Christmas Kindness Calendar

Designed to help your child *experience* the true magic of the holiday season — giving, connecting, and showing kindness everyday.



Each day includes a simple, kid-friendly act that:

- ✓ Builds empathy
- ✓ Strengthens confidence
- ✓ Encourages gratitude
- ✓ Supports family connection
- ✓ Helps children notice the needs of others



How to use:

- Print the 25-day calendar.
- Let your child color in each square as they complete the kindness act.
- Celebrate small wins and talk about how each act made them feel.
- Share acts of kindness on social media to inspire others.
- Keep it simple — joy grows when kindness is fun, not perfect.



Remember:

Kindness grows when it's modeled. Do the acts together, talk about them, and enjoy the holiday season with intention and heart.

Kind Mind Kids Co

Thank you so much for downloading!



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When you're ready for more confidence-building tools, we'll be here. 💛

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